

#NATIONALHANDWRITINGDAY

Handwriting remains important throughout education. To support the process of writing and make it as comfortable for learners that struggle, here are some top tips from our expert team.

1 Keep your feet on the ground

Consistent contact with the ground can help learners who struggle with writing. Try and make this a regular habit.



2 Know your angles

- 1) Remind learners to have their paper at a **45-degree angle** (for right handed) or a **35-degree angle** (for left handed learners).
- 2) If the learner's writing tends to veer towards the right of the page, **add dots to the margin** to remind them of where to start the next line.
- 3) Use a lever arch file as a **writing slope**. This helps maintain the correct angle of a learner's hand when writing.



3 Get a grip!

Try out a few pencil grips, this can be as simple as wrapping a rubber band around a pen or pencil or buying ready made grips in various shapes and styles.

(pro tip - Invest in triangle grip pencils to encourage the tripod grip!)

4 Frixion Pens

Frixion pens allow learners to erase mistakes they may make using pen ink.

This reduces the pressure on learners and allows them to feel comfortable making mistakes, or changes to their work.

5 Paper

It's important to use *lined paper* for written tasks. This simple, but occasionally overlooked method is crucial for those learners who may be struggling with their handwriting.

